

Searching the Red Book

"The Red Book" is without a doubt, the most comprehensive resource on community, social and government agencies and services across the Lower Mainland. (<http://www2.vpl.vancouver.bc.ca/DBs/Redbook/htmlPgs/home.html>)

There are a few tricks I've learned when searching for information in The Red Book.

The Red Book's search screen

- When entering text to search, ensure you also select the option to search "Entire Record."
- Leave the field for area to "Any city."

By beginning your search this way, you won't unintentionally exclude records that could be of help to you.

The default is set to search by Organization Name. Remember before searching a second or subsequent time to reset to "Entire Record."

Search

1. Type in one or more words:

2. Search for them in the:

Organization Name
Subject Field
Entire Record

3. Show only records from:

Any city	▲
Vancouver	
Abbotsford	
Agassiz	
Aldergrove	▼

Try the following search terms:

- Caregivers education (public awareness)
- Caregivers information and referral
- Caregivers palliative care
- Caregivers relief
- Caregivers training
- Continuing care facilities intake
- Seniors counselling
- Seniors counselling, peer
- Seniors food, meals, delivery

- Seniors home support
- Seniors outreach programs
- Seniors health care (medical), outreach programs
- Seniors information and referral
- Seniors outreach programs, health care (medical)
- Seniors respite care
- Seniors shopping assistance
- Seniors telephone reassurance
- Seniors transportation
- Seniors visiting
- Seniors volunteering
- Support groups caregivers

Compiled by Peace of Mind – Caring for Seniors at Home